

All shinny sessions (comp, fs, pairs) at River Oaks on Thursday Jan 16

Thursday January 16th	
ROA	ROB
FS 7:15	Comp Dance 7AM
FS 8:15	Comp 8AM
FS 9:15	Pairs 9AM
FS 10:15	Pairs 10AM
FS 11:15	Pairs 11AM
FS 12:15	Comp 12PM
FS 1:15	Comp 1PM
FS 2:15	Comp 2PM
Evening sessions at SMSC as usual	

All sessions (comp, pairs, fs) at River Oaks Rink B

Friday January 17th Shinny Schedule River Oaks Rink B

FS Shinny 8:30-9:20 AM

Pairs Shinny 9:30-10:20 AM

Pairs Shinny 10:30-11:20AM

Pairs 11:30-12:20PM

COMP Shinny 12:30-1:20PM

FS Shinny 1:30-2:20PM